

H.H. Shri Mataji Nirmala Devi Sahaja Yoga Trust
(Regd. At New Delhi under Trust Act 1882 vide Regd. No. 2463 dated 07.04.2005)
E-Mail- nationaltrustsy21@gmail.com Tel. No. 011- 46064125



II JAI SHRI MATAJI II

**INTERNATIONAL SAHASTRAR PUJA 2023
AT SAHASTRARA DHAM NARGOL (GUJARAT)
4th – 5th May 2023**

Samuhik Chetana

“Today we have assembled here to celebrate the Sahastrar Day which was opened in 1970 on this date. I find this beautiful canopy is like our Sahastrar. And so very apt to have this beautiful arrangement for Sahastrar Day. We have to understand what happens when the Sahasrara opens. When the Kundalini passes through the five centres it enters into the area which we call as limbic area. This area is all surrounded by thousand nerves and when these nerves get enlightened, they look like flames of VIBGYOR colours, seven colours, and very mildly, beautifully shining, emitting peace.

But when the Kundalini starts emitting its vibration on the sides all these nerves get enlightened gradually and start moving on all directions, opening the Sahasrara and then the Kundalini emerges out through the fontanelle bone area, which we call as 'Brahmarandhra'. 'Randhra' means the 'hole' and the 'Brahma' is the All-Pervading Power of God's love. So it enters into the subtle energy, which is all-pervading, which we do not feel normally. But then the chaitanya, the vibrations, which are the part and parcel of this energy, All-Pervading Power, the Paramchaitanya, they start entering into our brain and showering their blessings in the limbic area they assemble.

Now the limbic area is connected to all the area of the brain and also to the nerves. So it starts flowing onto the nerves giving you the new awareness of collective consciousness, called as 'samuhik chetana'.

Sahastrar Puja, Ischia (Italy) 5 May 1991

Dear Sahaji Brothers and Sisters,

Sahaja Yogis of Gujarat on behalf of the National Trust are delighted to inform you that by the Grace and Blessings of our Beloved and Divine Mother, a two days program of National Sahaja Yoga Seminar & Sahastrar Puja is being held at Sahastrar Dham, Nargol, from 4th to 5th May 2023.

As we all know that the Supreme Goddess Her Holiness Shri Mataji Nirmala Deviji, had opened the universal Sahasrara for the emancipation and evolution of all the humans on 5th May, 1970 and blessed entire mankind to get their self-realization and achieve the highest level of spirituality at the holy land of Nargol, Gujarat. Let's all witness the divine presence on celebration of opening of sahasrara at Sahastrar Dham, Nargol.

On behalf of National Trust you are invited to witness the Celebrations of sahayajoga during the International Sahastrar Puja 2023 at Sahastrara Dham, Nargol.

With Love and Respect to all our Brothers and Sisters,

Executive Secretary

HH Shri Mataji Nirmala Devi Sahaja Yoga Trust
New Delhi

SEMINAR SCHEDULE

The detailed Circular for '**International Sahastrar Puja & Seminar-2023**' at Nargol shall be circulated later on. Tentative schedule of the event is as below

4th May – Collective meditation, interactive sessions and Havan (evening 6 P.M)

5th May – Morning meditation and flag hoisting at Nirmal Tree (morning 6 a.m.) Sahastrar Puja from 10am onwards

SEMINAR EXPENSES

Duration	Dates	Adult	Yuvashakti	Child
		(Above 25 years)	(From 13 to 25)	(From 6 to 12)
For 2 days 4 to 5 May	Before 28 April	2100	1600	1200
	After 28 April	2500	2000	1600
1 Day Puja only		600	600	600

MODE OF PAYMENT

1. Deposited through any of the CBS branches of:
“Punjab National Bank ”
GUNJAN BRANCH, VAPI (GUJARAT)
“SAHAJA YOGA MAHOTSAV, NARGOL, GUJARAT”
Account No: 51342011003897
IFSC Code: PUNB0096510

OR

2. Payment by CTS 2010 Approved Cheques (Multi City Cheques) is acceptable.

CONTACT DETAILS FOR REGISTRATION:

Shri Praveen Shrivastava, Surat. Mob. 9033695061, 9265046482

Shri Mahendra Verma, Surat. Mob. 982510094

Note:

1. For Seminar Amount deposited in groups, Badges will be handed over to one responsible person along with details of the payment made at one time only.
2. **Accommodation facility shall be provided for those sahajayogis only who will make their registration before 28th of April 2023.** All Sahaja Yogis/Yoginis are requested to kindly send their Seminar Amount before 28 April 2023 so that proper arrangements can be made at Seminar and Puja site.
3. No Puja money needs to be paid for children below six years of age.

SEMINAR LOCATION

- Nargol is well connected through Road, to neighboring Railway station (Vapi, Valsad, Bhilad) and Airport (Mumbai, Surat); it is situated at sea shore on western side of India and on southern side of Gujarat State.
- Nearest Airports: Mumbai Airport (170 kms from Nargol), Surat Airport (150 kms), Ahmedabad (400km)
- Nearest Railway Stations: Vapi (35 Kms from Nargol by roads), Bhilad (35km)
- Puja site :Sahasrar Dham is located in Nargol village along the coast side
- A reception point during the puja days shall be made at Vapi/Bhilad and Valsad Railway stations.
- For detailed map please click here <https://www.sahastrardham.org.in/contact>

SEMINAR KEY CONTACT DETAILS FOR QUERIES AND HELP

Shri Ramesh Mantana (Vice Chairman)

Email: Ramesh.mantana@gmail.com

Mob: 98665 22879

Dr. Pratap Udhvani (Chairman Puja & Seminar Committee)

Email: pudhwani@rediffmail.com

Mob: 93268 65717, 80554 49270

Shri Shrichand Chaudhary (Trustee and Puja Convener)

Email: mother_shrichand@yahoo.co.in

Mob: +91 9829010470

Shri Praveen Shrivastava (State Co-ordinator Gujarat)

Email: praveen.1241960@gmail.com

Mob: 9033695061, 9265046482

Important Contact No.:

Shri.Pradeep Agarwal Mob. 09426614436

Shri. NN Prajapati Mob. 09824503888

Shri.Rakesh Bhai Shah Mob. 09879003747

Shri.Sanjiv Bhai Mob. 08000932898

Shri. Rajesh Bhai Mob. 09909116024

Shri. Manish Singhla Mob. 09426917713

Shri. Satyanarayan Mob. 09638093169

Shri. Swapnil Modsing Mob. 9920358348

Shri. Mukesh Soni Mob. 9825152964

Shri. Prakash Amin Mob. 9925014484

Shri. V.K.Pandey Mob. 9969221325

For Hotel and Accommodations:

Mr. Anil Damania Mob: 09824103540 (Hotel accommodation)

Mr. Narendra Mob: 09898556518

Mr. Jagdish Tiwari Mob: 09408721719

Mr. Ankit Mob: 07405547928

Mr. Nilesh Mob: 09427007092

Mr. Mukesh Mob. 9824145968

For Transporation at Vapi Station:

Mr. Akhilesh Mob: 09377576316

Mr. Anil Mesho Mob: 09974221325

For Transporation at Valsad Station:

Mr. Nirmal Dave ji Mob: 09724049143

Mr. Ajay ji Mob: 09879846841

For Sanjan / Umergaon Station:

Mr. Dilip Kanojia Mob: 07777969489

Mr. Mukesh Mob: 09824145968

Mr. Paresh Panchal Mob: 09825567695

Other modes of contact

Ratnesh Rausaria – 9327452854

Information related to SahastrarDham: <https://www.sahastrardham.org.in/>

Contact No. (+91) 93272 22943

Address; Sahastrar Dham, Nargol, Near Marine Police Station Nargol Valsad District, Gujarat 396135,
India

